

# LEAD WITH CONFIDENCE



Harness the power of  
intentional leadership



**COACHING & MENTORING  
AUSTRALIA**

# HOW IT WORKS

## PLAN YOUR DAY AT THE START

- ✓ Schedule 5 minutes in your calendar everyday
- ✓ Sit down at the start of the day to plan your day
- ✓ Identify things to do
- ✓ Key Priorities
- ✓ Focus for the day
- ✓ Intentional opportunities (for staff)

## REVIEW YOUR PLAN AT THE END OF THE DAY

- What did you achieve
- ✓ What worked well
- ✗ What didn't work well
  - What you are going to do differently tomorrow

By reviewing the day, you are improving your performance each day to become a great leader.

I know that you will get derailed by the urgent and important things dropped on you last minute.

This approach will bring you back to the important things you need to complete for you to be excellent in your leadership role..

Leadership is all about what you commit to doing every day.

- ➔ It's your rituals and routines.
- ➔ It requires discipline.
- ➔ It requires focus.
- ➔ It requires 5 minutes a day to get better results

Stop running round with your head on fire!

Lead a life by design, not by default.

# LEADERSHIP PLANNER

Date :

## *Things To Do*



## *Today's Focus*

## *Priorities*

## *Intentional Opportunities*

# DAILY REVIEW

DATE

## TODAY I ACHIEVED

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# CMA

**COACHING & MENTORING AUSTRALIA**

At Coaching and Mentoring Australia (CMA), we believe that everyone has the capacity to achieve greatness. Our coaching and mentoring services empower individuals and organisations to unlock their full potential, overcome obstacles, and reach new heights of success. With our proven expertise and tailored approach, we are your trusted partner on the journey to personal and professional growth.

CMA was founded on the belief that everyone possesses untapped potential waiting to be unleashed. Our team of experienced coaches and mentors is committed to helping you identify and harness that potential, transforming it into tangible success. With a diverse range of backgrounds and expertise, our professionals are dedicated to your growth and are passionate about empowering you to become the best version of yourself.

We take coaching to the next level by combining it with a powerful accountability system and live metric tracking. We understand that coaching is not just about guidance and support; it's about achieving tangible results. That's why we have integrated a state-of-the-art software solution that keeps coachees accountable to their actions and goals.

Our software provides a transparent and real-time view of progress, allowing both coaches and coachees to track milestones, measure outcomes, and make data-driven decisions. This game-changing approach ensures that coaching is not just a theoretical exercise but a results-oriented process that drives meaningful change.

Choose CMA as your coaching and mentoring partner and experience the power of a comprehensive and results-oriented approach.

Together, we will embark on a transformative journey that will empower you to reach new heights of personal and professional success.

**[CLICK HERE for a free discovery call](#)**